

# CANLAN SPORTS COVID-19 RULES AND PROTOCOLS ADDENDUM AND SAFETY PLAN

TEAMS: Please review all info below prior to arriving at the facility for your first game

1. All players, trainers and coaches must wait outside for the entire group to arrive, entering at the same time, keeping physically distanced, no sooner than 20 minutes prior to their start time. Players are encouraged to come partially or fully dressed in their equipment prior to their arrival.
2. All players and coaches will wear properly fitting masks at all times while inside the facility except when they are on the ice.
3. All players will remain physically distanced in the dressing rooms.
4. All players and coaches will prescreen using Canlan's Covid prescreening site prior to entry into the facility <http://canlansports.com/Questions/> The form can only be completed on the day of their scheduled ice time. The form includes the following: Name, Contact Information and Checklist of symptoms. screening. Affirmation that they are not in contact with anyone who is COVID positive or has reason to believe that they may be positive.
5. In the last 14 days if any players have travelled outside of Canada AND have been advised to quarantine as per the federal quarantine requirements, they must complete the quarantine prior to entering a Canlan facility
6. All participants must advise the tournament staff if they are not feeling well or have any symptoms – and they **MUST NOT ATTEND THE FACILITY**
7. In the event a player or coach receives a positive test for Covid-19 they will alert the tournament staff who will in turn alert the Canlan facility
8. Players and coaches are to use hand sanitizer as they enter and leave the building.
9. There is to be no sharing of water bottles. Each bottle must be clearly labeled with skater's name.
10. Spitting is prohibited. No exceptions.
11. Injury: In the event of Injury, the player should minimize contact with others and the staff of the facility should be alerted immediately. In the event an ambulance is needed, where possible, one other player should handle the injured player's equipment and notes on who touches whom should be kept.
12. Showers are permitted; however, the room must be vacated no more than 15 minutes after leaving the ice surface.
13. When leaving the changeroom after the session, players and coaches must leave as a group 2 meters apart.